Mental Health Services for Students

ON CAMPUS SUPPORT



Reach out to any staff member on campus for help. They can refer you to the right person - School Counselor, Mental Health Clinician, or Family Community Liaison.

IMMEDIATE HELP

- 911 for emergency services
- National Suicide Prevention Lifeline: (800) 273-8255
- Nacional de Prevencion del Suicidio: (888) 628-9454
- Crisis Text Hotline: Text HOME to 741741 from anywhere in the US to connect with a crisis counselor.
- Trevor Project-
 - Trevor Line: (LGBTQ) (866) 488-7386
 - TrevorChat: <u>https://www.thetrevorproject.org/get-help-now/</u>
 - TrevorText: Text START to 678-678
- National Sexual Assault hotline: (800) 656-HOPE or (800) 656-4673
- 211 OC Info Link Line: For non-emergency connections to Mental Health Services and Community Resources in your area. Offers assistance in many languages. Dial 211.
- National Safe Place: Text the word "SAFE" and your current location to 4HELP (44357). You will receive a message with the closest local youth agency.
- NAMI Warmline: Free and confidential telephone service providing emotional support and resources (877) 910-WARM or (877) 910-9276
- National Human Trafficking Hotline: (888) 373-7888
- Lifeline Chat (web chat): <u>www.suicidepreventionlifeline.org/chat</u>

EMERGENCY HOUSING

- CASA Youth Shelter: 10911 Reagan St, Los Alamitos, 90720 (562) 594-6825 CASA Youth Shelter Crisis Hotline: (800) 914-CASA or (800) 914-2272
- Laurel House Teen Shelter for Teen Girls, Tustin: (714) 832-0207
- CSP Huntington Beach Youth Shelter: 7291 Talbert Ave, Huntington Beach, 92648 (714) 842-6600
- Build Futures (For young adults ages 18-24): 18822 Beach Blvd, Suite 211, Huntington Beach, 92648 (714) 907-7358

ONGOING MENTAL HEALTH SUPPORT

- Orange County Health Care Agency Behavioral Health Information & Referrals
 - o OC-Links: (855) 625-4657 M-F 8am-6pm

ACCESS Student Services 1715 E. Wilshire Ave., Suite 706 Santa Ana, CA 92705



