

**Comparison of Past California After School Program (ASP) Snack Standards with  
New (2017) California Snack Standards as a Result of Senate Bill 1169**  
(*Education Code* sections 49430-49431.7, 8423(c)3, 8482-8484.6)

After school programs have the option to serve a snack, a meal, or both. All snacks provided to students in the California Department of Education's After School Education and Safety (ASES) programs or the federally funded 21st Century Community Learning Centers (21st CCLC) programs must meet, at a minimum, the California nutrition standards identified below. If snacks are provided through one of the federally reimbursable meal programs, known as child nutrition programs (CNP), the food must meet **both** the federal requirements and the California nutrition standards. Federal Program Monitoring reviewers will evaluate the after school program for compliance with the **California** nutrition standards. The Nutrition Services Division will monitor the CNP operator for compliance with **federal** meal/snack requirements. For more information on CA after school snack standards, visit <http://www.cde.ca.gov/ls/nu/as/afterschoolnutstan.asp>. This document only provides explanation on state standards and does not contain federal CNP requirements.

Item	ASP Snack Standards Prior to 2017	ASP Snack Standards in 2017 and later (Senate Bill 1169)
<b>Reimbursable snack/meal</b>	May serve snack, supper, or both.	Must seek to qualify for federally reimbursable snack and/or meal.
<b>Foods</b>	No mention of what snack should be outside of the specific standards.	Snacks must be fruits, vegetables, dairy, protein, or whole grain-rich food items; foods with a fruit, vegetable, dairy, protein, or whole grain as its first ingredient; or combination foods containing at least one-quarter cup of fruit or vegetable that meet all of the [specified] standards below.
<b>Fat, Total</b>	≤35% total Calories from fat	Exempts individually packaged portions of nuts, nut butters, seeds, seed butters, reduced-fat cheese, or part-skim mozzarella cheese.
<b>Fat, Saturated</b>	< 10% total Calories from saturated fat	Exempts individually packaged portions of nuts, nut butters, seeds, seed butters, reduced-fat cheese, or part skim mozzarella cheese
<b>Fat, Trans</b>	< 0.5 grams of artificial trans fat per serving	< 0.5 grams of trans fat per serving (artificial removed)
<b>Sugar</b>	≤35% total weight from sugar, including naturally occurring and added sugar	Exempts fruits, vegetables that have not been deep fried, or a dried fruit and nut and seed combination
<b>Sodium</b>	None	≤ 200 mg sodium per item
<b>Calories</b>	≤ 175 Calories per individual food item for elementary ≤ 250 Calories per individual food item for middle/high	≤ 200 Calories per food item for all grades

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Item	ASP Snack Standards Prior to 2017	ASP Snack Standards in 2017 and later (Senate Bill 1169)
<b>Beverages, Fruit-based</b>	Fruit-based drinks with no less than 50% fruit juice and no added sweetener	Maximum serving size: <ul style="list-style-type: none"> <li>• Elementary—8 fluid oz</li> <li>• Middle (M)/High School (HS)—12 fluid oz</li> </ul>
<b>Beverages, Vegetable-based</b>	Vegetable-based drinks with 50% or more vegetable juice and no added sweetener	Maximum serving size: <ul style="list-style-type: none"> <li>• Elementary—8 fluid oz</li> <li>• M/HS—12 fluid oz</li> </ul>
<b>Beverages, Drinking Water</b>	No added sweetener	Plain water or plain carbonated water
<b>Beverages, Milk</b>	2% fat, 1% fat, nonfat milk; soy, rice, other similar nondairy milk with $\leq 28$ g total added sugars per 8 oz	1% unflavored, nonfat flavored or unflavored milk; soy, rice and other similar nondairy milk in maximum serving size of 8 fluid oz for ES and 12 fluid oz for M/HS
<b>Caffeine</b>	Not mentioned	No caffeine, except trace naturally occurring amounts, in all beverages for all grades
<b>Beverages, Sodas/Colas/Soft drinks</b>	Not mentioned	Not allowed
<b>Beverages, Alternative (HIGH SCHOOL ONLY)</b>	Electrolyte Replacement Beverage (ERB) is only allowable alternative beverage (only allowable in high school)	<ol style="list-style-type: none"> <li>1. Flavored water or flavored carbonated water with no added sweetener with <math>&lt; 5</math> Calories per 8 fluid oz in maximum serving size of 20 fluid oz</li> <li>2. Flavored water or flavored carbonated water with no added sweetener with <math>\leq 40</math> Calories per 8 fluid oz in maximum serving size of 12 fluid oz</li> <li>3. An ERB containing <math>&lt; 5</math> Calories per 8 fluid oz in maximum serving size of 20 fluid oz</li> <li>4. An ERB containing <math>\leq 40</math> Calories per 8 fluid oz in maximum serving size of 12 fluid oz</li> </ol>