



## References and Links

### Trauma Informed Education, Mental Health, and Child Welfare Practice

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### [www.NCTSN.org](http://www.NCTSN.org)

The website of the **National Child Traumatic Stress Network** was developed to serve as a national resource for information on childhood traumatic stress. The mission of the NCTSN is to raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States. A broad range of information and resources are available on the NCTSN website. The NCSTN maintains a “Learning Center for Children and Adolescent Trauma” on their website at: <http://learn.nctsn.org/course/category.php?id=3>

### [www.childtrauma.org](http://www.childtrauma.org)

This is the website for the **Child Trauma Academy**, whose primary founder is **Bruce Perry**. A major activity of the CTA is to translate emerging findings about the human brain and child development into practical implications for the ways we nurture, protect, enrich, educate and heal children.

The CTA offers free self-directed courses on the following four topics:

1. The Amazing Human Brain and Human Development: Discover the hows and whys of the human brain, and gain a better understanding of brain functioning in maltreated children.
2. Surviving Childhood: An Introduction to the Impact of Trauma: Learn the physiological and psychological aspects of trauma, the effects of this trauma on our society, and how you can help.
3. The Cost of Caring: Secondary Traumatic Stress and the Impact of Working with High-Risk Children and Families
4. Bonding and Attachment in Maltreated Children

The trainings can be accessed using the following link: <http://childtrauma.org/index.php/training/cta-university>

### [www.traumacenter.org](http://www.traumacenter.org)

“**The Trauma Center** is a program of Justice Resource Institute (JRI). The Executive Director of the Trauma Center is Joseph Spinazzola, Ph.D., and the Medical Director and Founder of the Trauma Center is Bessel van der Kolk, MD, who is an internationally recognized leader in the field of psychological trauma. The Trauma Center Research Department conducts studies on traumatic memory and how treatment affects trauma survivors' minds, bodies, and brains.

[www.ptsd.va.gov/index.asp](http://www.ptsd.va.gov/index.asp)

The **National Center for PTSD** is a special center within the **Department of Veterans Affairs**. It provides fact sheets, videos and other tools with information on PTSD as well as providing materials on assessment and treatment of trauma for providers and researchers.

[www.developingchild.harvard.edu](http://www.developingchild.harvard.edu)

This website has information on the science of early childhood, with an emphasis on how early experiences affect brain development. The website has working papers, reports, educational videos and newsletters on the effect of abuse, neglect and exposure to violence on early brain development.

[www.childwelfare.gov/](http://www.childwelfare.gov/)

The “**Child Welfare Information Gateway** connects child welfare and related professionals to comprehensive information and resources to help protect children and strengthen families. The website provides information on “the identification and assessment of the impact of maltreatment and trauma on brain development; how to work effectively with children, youth, and families to support healthy brain development; and how to improve services through cross-system collaboration and trauma-informed practice.”

<http://www.cehd.umn.edu/CEED/conferences/harrisforum/2012forum.html>

The University of Minnesota, Center for Early Education and Development posts forums on-line. This is a link to the 2012 Harris Forum Lecture Video on: *Addressing Toxic Stress in Early Childhood: Working across Disciplines*. By Brenda Jones Harden, Ph.D.

<http://www.cmh.umn.edu/ereview.html> **Children's Mental Health eReview**

The Children’s Mental Health eReview promotes use of research in practice and policy in order to improve services for children. Each eReview issue features (i) a review of published research in a specific area related to children’s mental health, and (ii) a collection of responses from different types of service providers regarding use of that research.

***The Child Welfare Series has articles on the following topics***

***Issue 4: Creating Trauma-Informed Systems of Child Welfare. March 2011***

***Issue 3: Historical Trauma and Microaggressions: A Framework for Culturally-Based Practice. October 2010***

***Issue 2: What is Trauma and Why is it Important? March 2010***

<http://tfcbt.musc.edu/>

Trauma-Focused Cognitive Behavioral Therapy is one of the leading evidence-based trauma treatment models for children and adolescents. The developers of TFCBT at the Medical University of South Carolina have created a Web-based learning course that can be accessed on the above website. The training is approximately 10 hours long and includes video



The California County Superintendents Educational Services Association’s Regional K-12 Student Mental Health Initiative is administered by the California Mental Health Services Authority (CaIMHSA), an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CaIMHSA are funded through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California's diverse communities.



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