

Science-Based Programs

Scientific research has provided evidence of effectiveness for the following prevention programs. Each of the listed programs have been identified as either a research-validated, model, exemplary, or blueprint program by one or more of the following agencies: The California Healthy Kids Resource Center, the United States Department of Education's Expert Panel, the University of Colorado's Center for the Study and Prevention of Violence, or the Substance Abuse and Mental Health Services Administration's National Registry of Effective Programs and Practices. The code in the last column of the chart provides a quick reference indicating which web sites have information specific to each program.

A. California Healthy Kids Resource Center: <http://www.californiahealthykids.org>

B. Center for the Study and Prevention of Violence: <http://www.colorado.edu/cspv/blueprints/model/overview.html>

C. Substance Abuse and Mental Health Services Administration:
http://modelprograms.samhsa.gov/template_cf.cfm?page=model_list##Model

D. United States Department of Education Expert Panel: <http://www2.edc.org/msc/model.asp>

School-Based Programs

NOTE: The information presented below is only meant to provide a general overview of outcomes targeted by each program. More exact program descriptions and evidence of program effectiveness should be viewed at the above listed Web sites prior to program adoption or implementation.

Name	Grade	Alcohol	Tobacco	Drugs	Violence	Youth Dev.	Website
Across Ages	4 to 8	x	x	x		x	C
Al's Pals: Kids Making Healthy Choices	Pre K to 2				x		C, D
All Stars™	6 to 8	x	x	x			A, C, D
ATLAS (Athletes Training and Learning to Avoid Steroids)	9 to 12	x		x			A, B, C, D
American Indian Life Skills	6 to 12				x		C
Border Binge Drinking Reduction Program	K to 12	x			x		C
Caring School Community/ Child Development Project	K to 6	x		x	x	x	A, B, C, D
Children of Divorce Intervention Program (CODIP)	K to 6						C
Class Action	11 to 12	x					A, C
Cognitive Behavioral Therapy for Child Sexual Abuse	Families				x		C
Cognitive Behavioral Therapy for Child Traumatic Stress	Families				x		C
Coping Power	5 to 8			x	x		C
DARE To Be You	Pre-K	x		x	x	x	C
Early Risers Skills for Success	K to 6				x		C
East Texas Experiential Learning Center	7	x	x	x	x	x	C
Friendly PEERsuasion	6 to 8	x					C
Good Behavior Game	1 to 6				x		B, C
Helping the Non-Compliant Child	Pre-K to 2				x		C
High/Scope Perry Preschool Project	Pre-K				x	x	B, C
I Can Problem Solve	Pre-K				x		A, B, D
Incredible Years	K to 3				x	x	B, C
Keep A Clear Mind	4 to 6	x	x				C
Keepin' It Real	6 to 8	x		x			C
Kentucky Adolescent Tobacco Prevention Project	6 to 8		x				C
Leadership and Resiliency	9 to 12					x	C
LifeSkills Training (Botvin)	3 to 9	x	x	x	x		A, B, C, D
Lions-Quest Skills for Adolescence	6 to 8					x	D, C
Minnesota Smoking Prevention Program	6 to 8		x				A, D
N-O-T on Tobacco	9 to 12		x				C
Olweus Bullying Prevention	K to 8				x		B, C
PeaceBuilders	K to 8				x		A, D

Peacemakers	4 to 8				x		A, D
Positive Action	K to 12	x	x	x	x	x	A, C, D
Project ACHIEVE	Pre-K to 8				x	x	A, C
Project ALERT	6 to 8	x	x	x			A,B,C, D
Project EX	9 to 12		x				C
Project Northland	6 to 8	x	x	x			A, B, C, D
Project SUCCESS	9 to 12	x	x	x			C
Project Toward No Drug Abuse (TND)	9 to 12	x	x	x	x		A, B, C
Project Toward No Tobacco Use (TNT)	5 to 8		x				A, C, D
Project Venture	6 to 9	x	x	x	x	x	C
Promoting Alternative Thinking Strategies (PATHS)	K to 5				x		A, B, C, D
Protecting You/Protecting Me	K to 5	x					C
Reconnecting Youth	9 to 12	x		x	x	x	A, C
Residential Student Assistance Program	9 to 12	x	x	x			A, C
Resolving Conflict Creatively Program (RCCP)	K to 12				x		C
Responding in Peaceful and Positive Ways	6 to 12			x	x		C, D
Rural Educational Achievement Project	4				x		C
Safe Dates	7 to 12				x		C
School Violence Prevention Demonstration Program	5 to 8				x		C
Second Step	Pre-K to 8				x		A, C, D
Skills, Opportunities, and Recognition (SOAR): Seattle Social Development Project:	K to 6	x			x	x	B, C, D
SMART Leaders	9 to 12			x			C
SMART Team: Students Managing Anger and Resolution Together	6 to 9				x		C, D
Social Competence Promotion Program for Young Adolescents (SCPP-YA)	5 to 7			x			C
Start Taking Alcohol Risks Seriously (STARS) for Families	6 to 8	x					C
State-Wide Indian Drug Prevention Program	4 to 5	x	x	x			A
Teaching Students to be Peacemakers	K to 9				x		C
Think First for Kids	1 to 3				x		A
Tobacco Policy and Prevention (TPP)	6 to 8		x				C
Too Good for Drugs	K to 12	x	x	x	x		C
Too Good for Violence	K to 8				x		C

Community and Family-based Programs

Intended program outcomes and target setting. See research for proven effectiveness							
Name	Target Population	Alcohol	Tobacco	Drugs	Violence	Youth Dev.	Website
Big Brothers Big Sisters	Community					x	B, C
Brief Strategic Family Therapy	Families			x			B, C
California Smokers Helpline	Community		x				C
CASASTART	Community			x	x		B, C, D
Communities Mobilizing for Change	Community	x					C
Creating Lasting Family Connections	Families (6 to 12)	x		x		x	A, C, D
Families And Schools Together (FAST)	Families				x		C
Families That Care: Guiding Good Choices	Families (4 to 8)	x		x			A, B, C, D
Family Development Research Project	Families				x		C

Family Effectiveness Training	Families				x		C
Family Matters	Families	x	x				C
FAN (Family Advocacy Network) Club	Families			x		x	C
Functional Family Therapy	Families	x		x	x		B
Home-Based Behavioral Systems Family Therapy	Families				x		C
Houston Parent-Child Development Program	Parents					x	C
Multisystemic Therapy	Parents			x	x		B, C
Nurse-Family Partnership	Parents		x				B, C
Parenting Wisely	Parents				x		C,
Midwestern Prevention Project Star (Students Taught Awareness and Resistance):	Community	x	x	x			B, D, C
SAFE Children: Schools and Families Educating Children	Families					x	C
Sembrando Salud	Families	x	x				C
Stopping Teenage Addiction to Tobacco	Community		x				C
Strengthening Families Program Elementary	Families (1 to 6)	x		x	x	x	C, D
Strengthening Families Program for Parents and Youth 10-14	Families (6 to 8)	x		x	x	x	A, B, C
Support for At-Risk Children	Families	x		x			C