**Welcome Teachers!**

Thank you for participating in the **2025 Harvest of the Month Nutrition Education Program!**

Each month, you will receive a taste-testing kit that includes the featured fruit or vegetable of the month, along with all the necessary supplies to conduct a taste test with your students. These supplies may include napkins, disposable gloves, and, if needed, a cutting board and knife.

All lessons, activity worksheets, newsletters, and resources can be accessed using the link at the bottom of the page. Additionally, you will receive a monthly reminder email with the lesson for that month attached. Below, you will find the monthly produce cycle, delivery schedule, and the link to the program’s website.

**\*\*Note about fresh produce:** Please ensure that all produce is rinsed thoroughly before serving, just as you would with produce from the grocery store.

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| **Month** | **Produce** | **Taste Testing Kit Contents** | **Delivery Dates** |
| **January** | **Pomelos** | **4 Pomelos, napkins, gloves**Serving Size: ⅛ pomelo per student | **January 27 - 31** |
| **February** | **Spinach** | **8 Spinach bunches, napkins, gloves** Serving Size: ¼ spinach bunch per student | **February 18 - 21, 24** |
| **March** | **Asparagus**  | **32 Asparagus, napkins, gloves**Serving Size: 1 asparagus per student | **March 10 - 14** |
| **April** | **Blackberries** | **4 Blackberry clams, napkins, gloves**Serving Size: ⅛ blackberry clam per student | **April 21 - 25** |
| **May** | **Cherries** | **32 Cherries, napkins, gloves**Serving Size: 1 cherry per student | **May 12 - 16** |

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| **2025 Delivery Schedule****All deliveries will be made between 7:30 A.M. - 10:30 A.M. (unless otherwise specified)****MONDAYS:** Fountain Valley SD, Westminster SD, Cypress SD, OCC**TUESDAYS:** Brea-Olinda USD, Orange USD, TLC Charter, Tustin USD, Scholarship Prep, Laguna Beach USD**WEDNESDAYS:** Buena Park SD, Savanna SD, Magnolia SD**THURSDAYS:** Capistrano USD, Capistrano USD Charter**FRIDAYS:** Santa Ana USD Afterschool (Delivery Time: 7:30 A.M. - 1:00 P.M.) |

**Curriculum and Resources Link:** [**https://bit.ly/HOTM25**](https://bit.ly/HOTM25)

**If you have any questions or concerns please contact:**

**Nadia Moya,** Coordinator **Email:** nmoya@ocde.us **Phn:** 714-966-4403

**\*\*\*If there is anything wrong with your produce delivery,**

**Please contact us immediately so that we can replace damaged items.\*\*\***