

FNL IMPLEMENTATION OPTIONS

CLUB FORMAT (MOST COMMON)

The format of Friday Night Live (FNL) meetings varies by chapter. Typically, larger groups have a formal leadership team meeting and a general membership meeting. Smaller groups have one meeting for leaders and general members. Chapter members and advisors should develop a meeting structure that best fits their needs.

TWO GROUP FORMAT	ONE GROUP FORMAT
<p>Leadership Team Meetings</p> <ul style="list-style-type: none"> • Typically held weekly • Consistent time/place/day • Plan upcoming activities and general membership meetings • Discuss strategies for general membership recruitment and engaging members throughout the year 	<p>General Meetings</p> <ul style="list-style-type: none"> • Held at least two times per month • Consistent time/place/day • Open to all students • Youth leaders facilitate meetings (high school), or portions of meeting (middle and elementary school) • First meeting should be held after an FNL promotional event or club rush • Action items for youth leaders are identified during the meeting
<p>General Membership Meetings</p> <ul style="list-style-type: none"> • Meetings held 1-2 times per month • Consistent time/place/day • Open to all students • Youth leaders facilitate meetings • First meeting should be held after an FNL promotional event or club rush • Implement strategies to engage general members (e.g. energizer activity, group discussions, committee sign-ups) 	

EMBEDDED PROGRAM

FNL can be embedded into an existing leadership class or program, where students work on substance use prevention projects. The name FNL should be used when implementing these projects.

