

School-based Violence Prevention Education Services

OC Safe from the Start



Deliver Onsite Presentations at No Cost for:

Parents, pregnant teens, parenting minors, and transitional-age youth. Presentations and materials are available in multiple languages (English, Spanish, Vietnamese, Korean, and Farsi).

Learning Objectives for Participants:

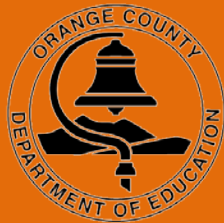
- Identify effective parenting strategies
- Discover how brain development may be altered due to early exposure to violence
- Explore teenage brain development and seek to understand teenage behaviors
- Learn how trauma and repeated exposure to violence can impact learning and academic achievement.

Note: Presentations are between one and two hours in length. Staff presentations are also available upon request.

What is Safe from the Start (SFTS)?

SFTS is a public health campaign that provides strategies to assist communities in reducing the impact of violence on children and adolescents by educating parents, educators, nurses, social workers, counselors, and community members. The strategies support a decrease in the number of youth who are exposed to violence and who may suffer from behavioral or cognitive difficulties and symptoms of Post-Traumatic Stress Disorder (PTSD). Content is research-based with a focus on how exposure to violence impacts brain development. Most importantly, a message of **HOPE** is delivered through understanding brain development and learning how the brain can be rewired and healed.

Presented by: The Orange County Department of Education



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Violence Prevention
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