

OC Safe From the Start



Safe from the Start is a presentation that educates participants on the effects of violence on the developing brain. Content is research-based with a focus on how exposure to violence impacts the developing brain during the first five years of life. This training provides an understanding of brain development and how the brain can be rewired and healed, and providing a message of HOPE.

Target Audience: Parents, pregnant teens, parenting minors, transitional-age youth, and community educators.

Presentations and materials are available at no cost in English, Spanish, Vietnamese, Korean, and Farsi.

Learning Objectives



- Discover how brain development may be altered due to early exposure to trauma.
- Explore brain development and its impact on youth behavior.
- Learn how trauma can impact learning and academic achievement.
- Identify effective parenting strategies and techniques to utilize in supporting your child's success.

Contact Us



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The Safe From the Start program contributes to a Multi-Tiered System of Support and Local Control Accountability Plan priorities by engaging students, families, and community members, building social-emotional skills, and fostering a strong and positive school culture.