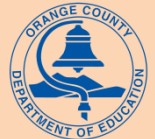




**OC SAFE
FROM THE
START**

**“Every
Orange County Child
is
My Concern”**

For additional information, please contact
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School-based
 Violence Prevention
 Education Services

Funded by the County of Orange Health Care Agency, Behavioral Health Services
 Prevention & Intervention Division, Mental Health Services Act/Prop. 63.

WELLNESS · RECOVERY · RESILIENCE

**How Violence Can Affect Children’s
 Physical, Mental, and Behavioral Health**

Infants	Preschool Children	Elementary School Aged Children
<ul style="list-style-type: none"> ■ Premature birth, low birth weight ■ Fearful ■ Digestive problems, failure to thrive ■ Poor sleep patterns ■ Attachment disorder ■ Irritable, hyperactive, inconsolable <p>Linda Chamberlain, Ph.D. MPH Alaska Family Violence Project</p>	<ul style="list-style-type: none"> ■ Extreme separation anxiety ■ Intractable tantrums ■ Night terrors ■ Developmental regression ■ Withdraw from everyday activities and people ■ Cruelty to animals <p>JAMA, August 2000; Boston Medical Center, 2000; NCFV, 1999</p>	<ul style="list-style-type: none"> ■ Bed wetting ■ Chronic digestive problems ■ Chronic headaches ■ Speech disorders ■ Increased aggressive behaviors, bullying ■ Increased distractibility & difficulty concentrating <p>Linda Chamberlain, Ph.D. MPH Alaska Family Violence Project</p>

These conditions do not always signify exposure to violence, but if your child is experiencing some of these conditions please follow-up with your child’s pediatrician.