

# School-based Violence Prevention Education Services

## OC Safe from the Start



### Deliver Onsite Presentations at No Cost for:

Parents, pregnant teens, parenting minors, transitional-age youth, public and private school staff, nurses, mental health providers, social workers, juvenile justice providers, probation, faith-based organizations, and community-based organizations. Presentations and materials are available in multiple languages (English, Spanish, Vietnamese, Korean, and Farsi).

### Learning Objectives for Participants:

- Identify effective parenting strategies.
- Discover how brain development may be altered due to early exposure to violence.
- Explore teenage brain development and seek to understand teenage behaviors.
- Learn how trauma and repeated exposure to violence can impact learning and academic achievement.
- Understand why healthy brain development is critical during the first five years of a child's life.

*Note: The content and delivery for presentations is tailored to meet the needs of each group.*

### What is Safe from the Start (SFTS)?

SFTS is a public health campaign that provides strategies to assist communities in reducing the impact of violence on children and adolescents by educating parents, educators, nurses, social workers, counselors, and community members. The strategies support a decrease in the number of youth who are exposed to violence and who may suffer from behavioral or cognitive difficulties and symptoms of Post-Traumatic Stress Disorder (PTSD). Content is research-based with a focus on how exposure to violence impacts brain development. Most importantly, a message of **HOPE** is delivered through understanding brain development and learning how the brain can be rewired and healed.

**Presented by: The Orange County Department of Education**

Please call Victoria Johnson at 714.953.6513 or [vjohnson@ocde.us](mailto:vjohnson@ocde.us) for further information.

