



RAISE AWARENESS ABOUT MENTAL HEALTH

CALLING ALL STUDENT LEADERSHIP GROUPS AND CLUBS
INTERESTED IN PROMOTING POSITIVE MENTAL HEALTH

Do you have a group of students interested in conducting a mental health awareness activity? Virtual or in-person activities may include Mental Health Awareness Month, Suicide Prevention Week, World Mental Health Day, or an original event of your own. If you would like free training, supplies, resources, and support to create or promote your activity, look no further! The Student Advocates for Mental Health program can support you with all your mental health awareness activity needs.



Student Advocates for Mental Health

Participation Requirements

- A minimum of ten students and one advisor must be involved in the planning and implementation of the awareness activity or event that intends to reach a wide school audience.
- Approval from school administration to conduct the activity and disseminate a student survey.

The Student Advocates for Mental Health Program contributes to a Multi-Tiered System of Support and Local Control and Accountability Plan priorities by engaging students, families and community members, building social-emotional skills, and fostering a strong and positive school culture.

Funded by: OC Health Care Agency (OCHCA), Behavioral Health Services, Prevention and Intervention, Mental Health Services Act/Prop. 63



StigmaFreeOC



SIGN UP TODAY – [HTTPS://LINK.OCDE.US/MH-ACTIVITY](https://link.ocde.us/mh-activity)
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