**COMMUNITY ADVISORY COMMITTEE BOARD MEETING Please Post**

**Date/Time:** Thursday, March 16, 2023 / 11:30 am – 12:30 pm

**Location:** North Orange County SELPA Office

1021 W. Bastanchury Road #161

Fullerton, CA 92833

**AGENDA**

1. **Call to Order:** District RepresentativeAnne Russell, Lowell Joint School District, North Orange County SELPA Community Advisory Committee Board Chairperson
2. Introductions of those present at meeting
   1. Angel, Buena Park School District Parent Representative
   2. Cheryl, Fullerton School District Parent Representative
   3. Chloe Medina, La Habra City School District Parent Representative
   4. Mijoko, Fullerton Joint Union High School District
   5. Brittany Contreras, La Habra City School District
3. Approval of the North Orange County Special Education Local Plan Area Community Advisory Committee Board Meeting Agenda for March 16, 2023

# Open Session:

# Communications from the Public - Board Agenda Items: Any member of the audience may speak to any agenda item by submitting a blue “Presentation Card” (located at the meeting entrance sign-in table). Please hand the completed card to Brittany Contreras, Secretary. When the Board considers the item, the individuals submitting blue cards will be called upon prior to Cabinet Action.

* 1. **Topics Not on the Agenda** - Any member of the audience may address any issue by following the same identification process as noted above. The Board cannot take action or express a consensus of approval or disapproval of any oral communication. State your name prior to your presentation. Speakers are limited to three (3) minutes.
     1. No members of the public present or added to the agenda
  2. Agenda approved for the day
     1. Motion passes with five votes to approve minutes

# Action Item(s):

# Approval of the NOC SELPA CAC Board Minutes of Meeting January 19, 2023

* + 1. Motion passes with five votes to approve minutes

# Approval of the April Board Meeting Date and Agenda Items

**V. Discussion/Information Item(s):**

1. Introduction of Board Members
2. Reflection/Notes from March 16, 2023 Presentation “Self-Care and Parenting Children with Diverse Needs”
   1. OCDE presenters did a great job and had 17 participants join the training
   2. Presentation and slides will be available on the website at the end of the week
   3. Positive feedback:
      1. Doing something for a small amount of time at first and build those habits. Agreement from other members.
      2. Recommended for presentation to be repeated
      3. Shared statistics that helped relate the ideas of self-care
   4. Concerns
      1. Lowest attendance. Possibly from the perspective of not having enough time to practice
      2. It was fast paced
3. Upcoming Trainings and Board Meeting: April 20, 2023 - Annual Budget and Annual Service Plan
   1. Will have meeting at later time.
4. Updated Parent Flyers and Distribution
   1. Updated the QR working for the flyer
   2. It’s now good to go!
   3. District reps talk with directors on how to disperse flyers
   4. Having copies for school psychologists at districts and present at meeting. Help to distribute flyers to special education teacher and in IEP meeting rooms.
   5. Cheryl asked how these flyers are being distributed and who is responsible. Annie reviewed the list of district representatives who help post them at sites.
      1. Ask Robin if CAC is able to print flyers and provide them to the schools.
      2. Ideas about a Self-Care kit for parents
5. Updating CAC Social Media Pages and Vice Chairperson
   1. Reviewing minutes on liking to social media sites.
   2. Will connect with Robin and follow up with Vice Chairperson
6. 2023-2024 Parent Training Topics and Board Meeting Dates
   1. Review ideas from last meeting
   2. November training is saved for a topic on transitions
   3. Discuss about having January meeting focused on more tracks
      1. Alternative Diploma was discussed and what is coming in the future
      2. Discuss implementing “Where are they now?” and Annie shared that the person who kept in contact with students is no longer in the CAC meeting.
   4. September -Make It and Take It: IEP BINDER
   5. November -Transitions
   6. January -Tracks
   7. March -Caring for Children with Diverse Needs (Self-Care)
   8. April -Annual and Budget Meeting

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# Suggested Items for Next Agenda

1. Finalize dates and topics for presentations.
2. Discuss about dividing up responsibilities for presentations and next year.
3. Social Media and access to accounts.

**VII. Adjournment**

Meeting adjourned at 12:36 PM

Next North Orange Community Advisory Committee Board Meeting: April 20, 2023