



La Sierra High School's Adult Transition Program (ATP)

What to Expect!

Serving FJUHSD Adult Students in Special Education

Charlotte Dobyns, ATP Instructor and Department Chair




About Me

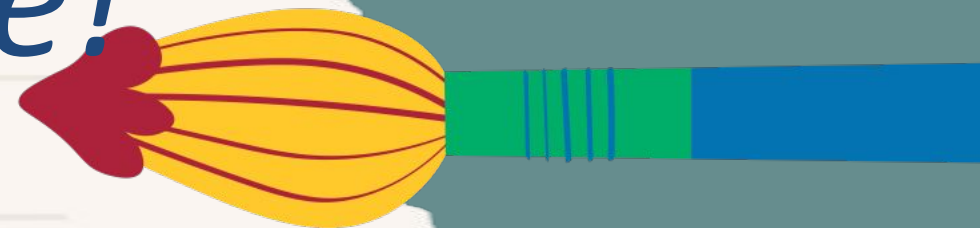
- Taught for 27 year; 25 years in ATP and 14 at LSHS
- Husband, Daughter are also teachers
- Son is an EMT/OC Fire Academy candidate
- Two Dogs
- Love traveling, cooking reading and the outdoors



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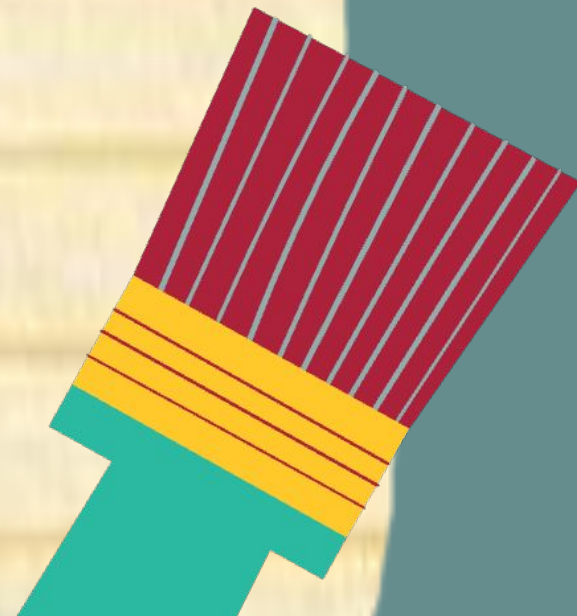


“It is rewarding to work with students, families, the school team and community partners to promote student independence!”



What is the Adult Transition Program?

- Serves students ages 18–22 Moderate–Severe disabilities
- ATP office and some classes are based at La Sierra High School
- Focus:
 - work, travel, socialization, and independent living
 - Independence (as possible) at school, community, worksites and homes
- Hub/Class placement determined by services, goals, residence, and IEP team recommendations



FAQ

ATP Hours 9:30–2:30

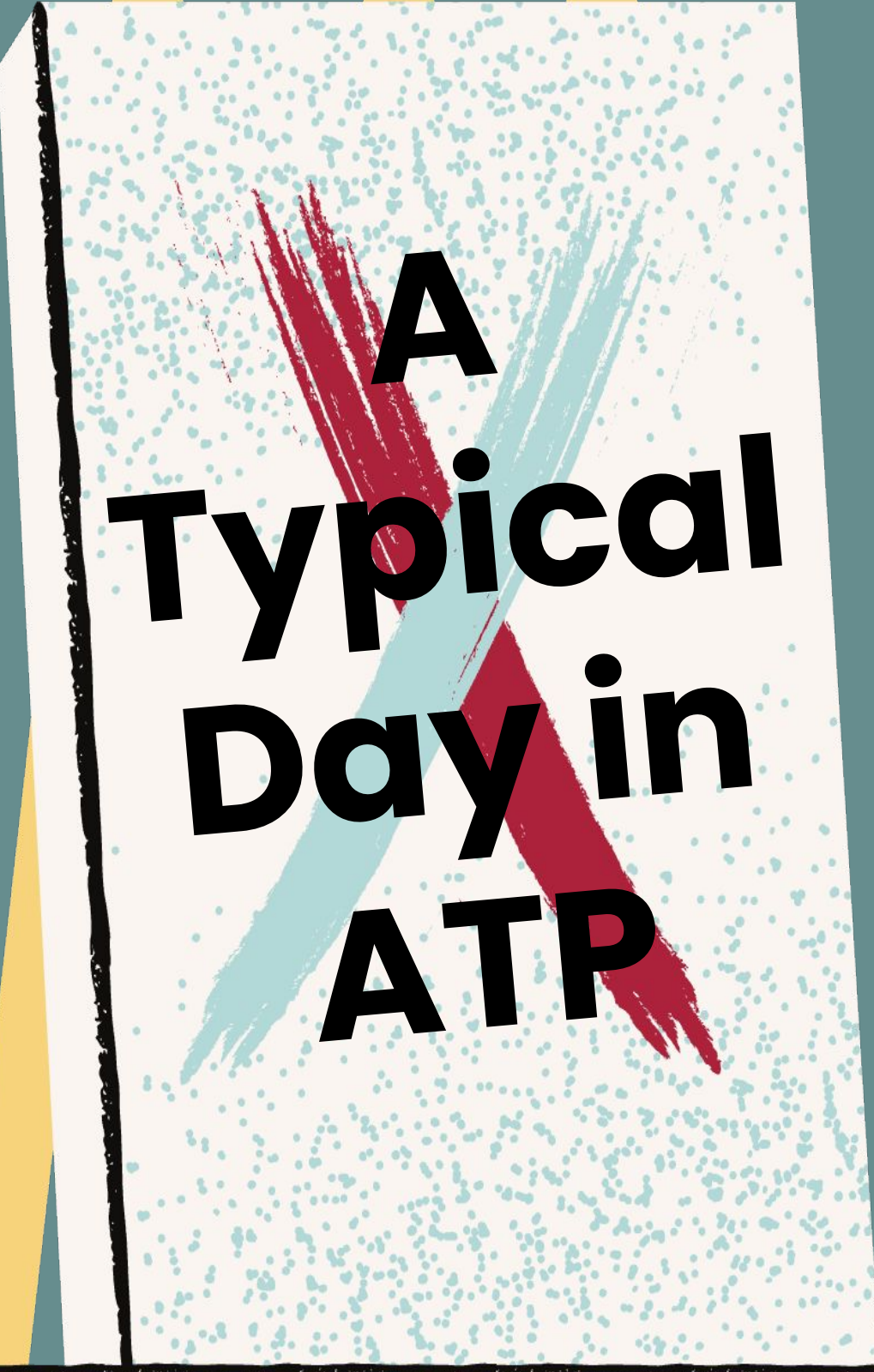
**Lunches provided by school,
buy in community or
bring from home**

**Multidisciplinary team services
provided as indicated in IEP**

Buses pick up/drop off at home

**Community-based activities
and lessons instead of class
when possible**

**Best Buddies and Tuffies Friends
at CSUF. ATP transports to event,
parents pick up afterwards**



A Typical Day in ATP

9:30–9:45 Students arrive, morning lesson/review schedule, gather uniforms, lunches and bus passes.

9:45 Access transportation (OCTA, Bus, or start walking)

9:45–11:30 Worksites

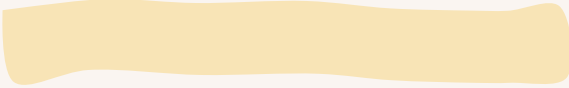
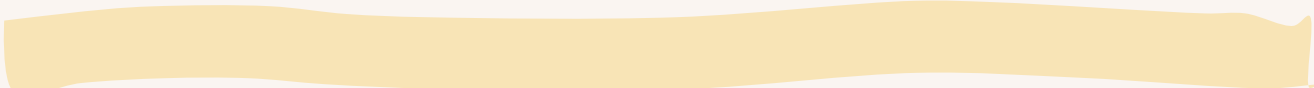
11:45–12:45 Lunch

12:45–1:00 Transportation to afternoon activities

1:00–2:00 Community/Independent Living, Mobility, Social Activities, clubs OR workshops/Presentations

2:00–2:30 Return to school, recap and go home

Fridays!!!

- Mobility days; we take OCTA to local destinations like bowling, restaurants, museums etc
- Most activities are free, but students occasionally students are to chip in for special trips
- Some clubs meet on Fridays too (ie: art, hiking, movie, sports and park clubs) 

- Examples of Friday destinations: Angel Stadium, Nixon Library, Sprouts Market, San Juan Capistrano Mission, Centennial Farm, libraries, parks, occasional malls and seasonal events/pop-ups





Meet the
Hubs

The 9 ATP Hubs

- Sonora HS
- La Habra HS
- Fullerton HS
- Buena Park HS
- Sunny Hills HS
- Four Classes at La Sierra HS



Sunny Hills Hub- Dr. Andria Sandoval



Fullerton Hub- Dr. Kathi Pope



Buena Park Hub- Mr. John Wilkerson



Sonora Hub- Coach Bill Czech



La Habra Hub- Mr. Jim Kent



La Sierra Hub - Mr. Stephen Flores



La Sierra Hub- Ms. Sovey Long-Latteri



La Sierra Hub- Ms. Erika Queen



La Sierra Hub- Ms. Charlotte Dobyns





Jobsites

We have many work experience sites—some are in food service, like Chick fil A, Zombee Donuts, The Bowery, Bourbon Street, Big B's BBQ, El Cholo, Del Taco, Roscoe's Deli, and El Farolito.

We work at these places to gain experience and to learn new vocational skills. Sometimes, we can get paid through Regional Center or Department of Rehab if we can work independently!



We also have jobs in retail and manufacturing, like Kiva Container, Grocery Outlet, 99 Cent Store and Target. We learn how to stock, return items to their proper places, provide customer service and clean!



**Child Care, Custodial
and the YMCA—some
students complete
classes and
certificates at the
local adult school that
help them secure
work experience or
jobs in these areas!**



Fullerton ATP is proud to be a community partner with the UC South Coast Research Center, fondly known as “The Farm.” At this university research facility, student learn about hydroponics, propagating vegetables, harvesting citrus, landscaping, gardening and creating sustainable succulent gardens!



On campus job sites:
Starbucks delivery, mail
delivery, custodial and
Kiva Manufacturing.
Some students are not
able to work off campus
often, due to a variety of
reasons, and we have
many work experience
opportunities on campus!



Paid Work Experience and Internships

Paid Internship Program (PIP)

1,000 hours, paid by Regional Center. Students/parents must find the job (teachers can help). Paid through a 3rd party billing company. Once the student starts the job, they work independently.

Example: one of our jobs at Zombee Donuts. Student learned skills/tasks with classmates and an ATP staff.

Once the student was comfortable, he began working independently and getting paid.



WorkAbility

20 hours paid through Workability. usually on campus or with a group. Student can work with or without support.

Example: students working at the YMCA with peers and staff member.

Department of Rehab/Student Services

100 to 300 hours, paid by Department of Rehab- through a 3rd party billing company. DOR can help find the job. Student must work independently once they start the job.

Example: one of our jobs at Del Taco. The student learned tasks with a group of students and ATP staff. Once the student was comfortable, he started working

North Orange County Continuing Education (NOCE)

- Free classes
- Students can take DSS classes that are developed specifically for students with disabilities
- Many students opt to take classes in the summer
- There are 3 campuses: Wilshire in Fullerton, Anaheim and Cypress College

Students must travel to/from NOCE independently

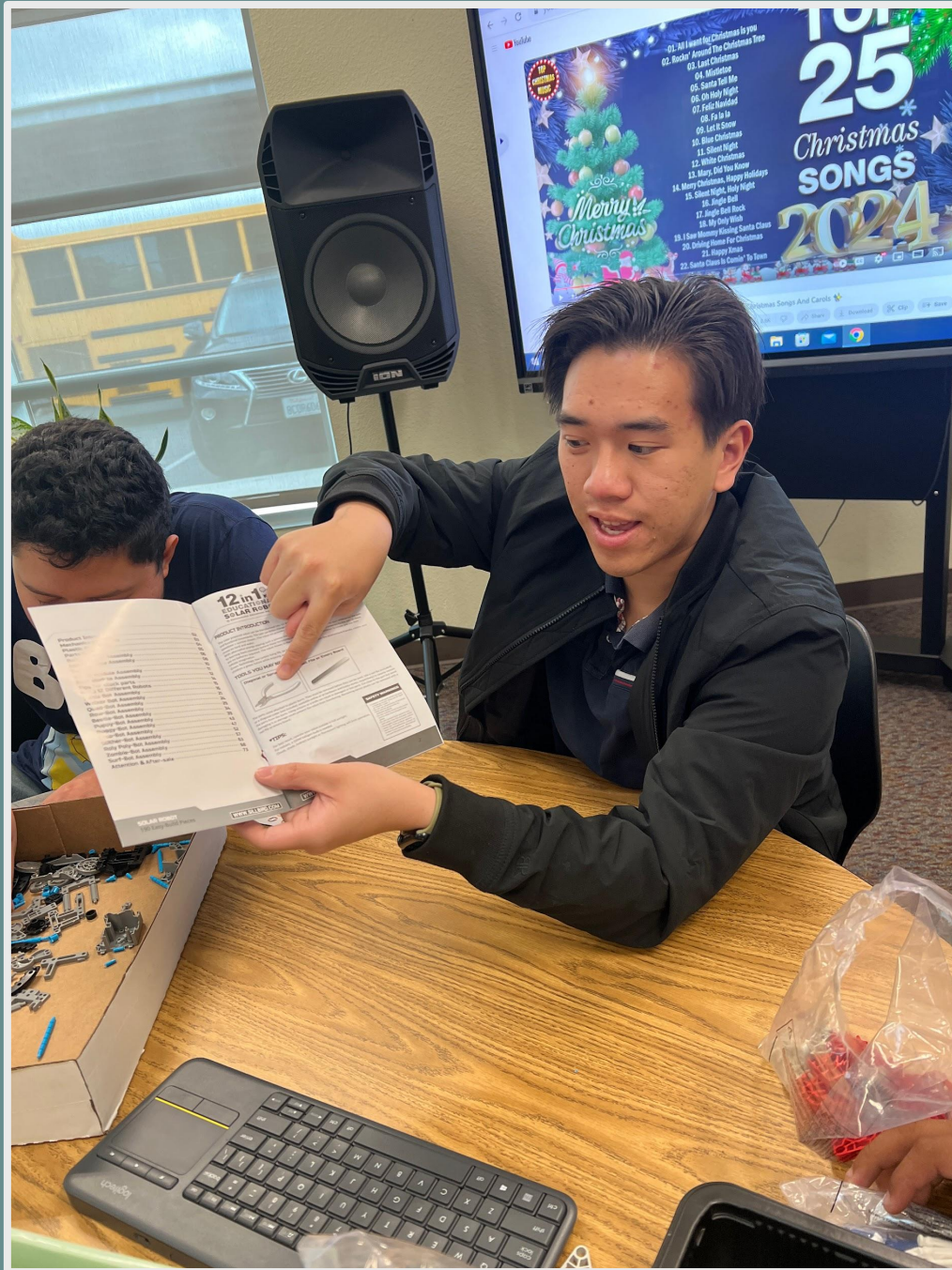
NOCE offers many choices for students after ATP:

- Workability 3 paid internships
- College to Career Program
- DSS Classes
- Certificate/Career Classes
- WISE Program-4:1 ratio
- Academic coaching
- ARISELab and counseling

Make your next move at
NOCE-<https://noce.edu/programs/>

Services

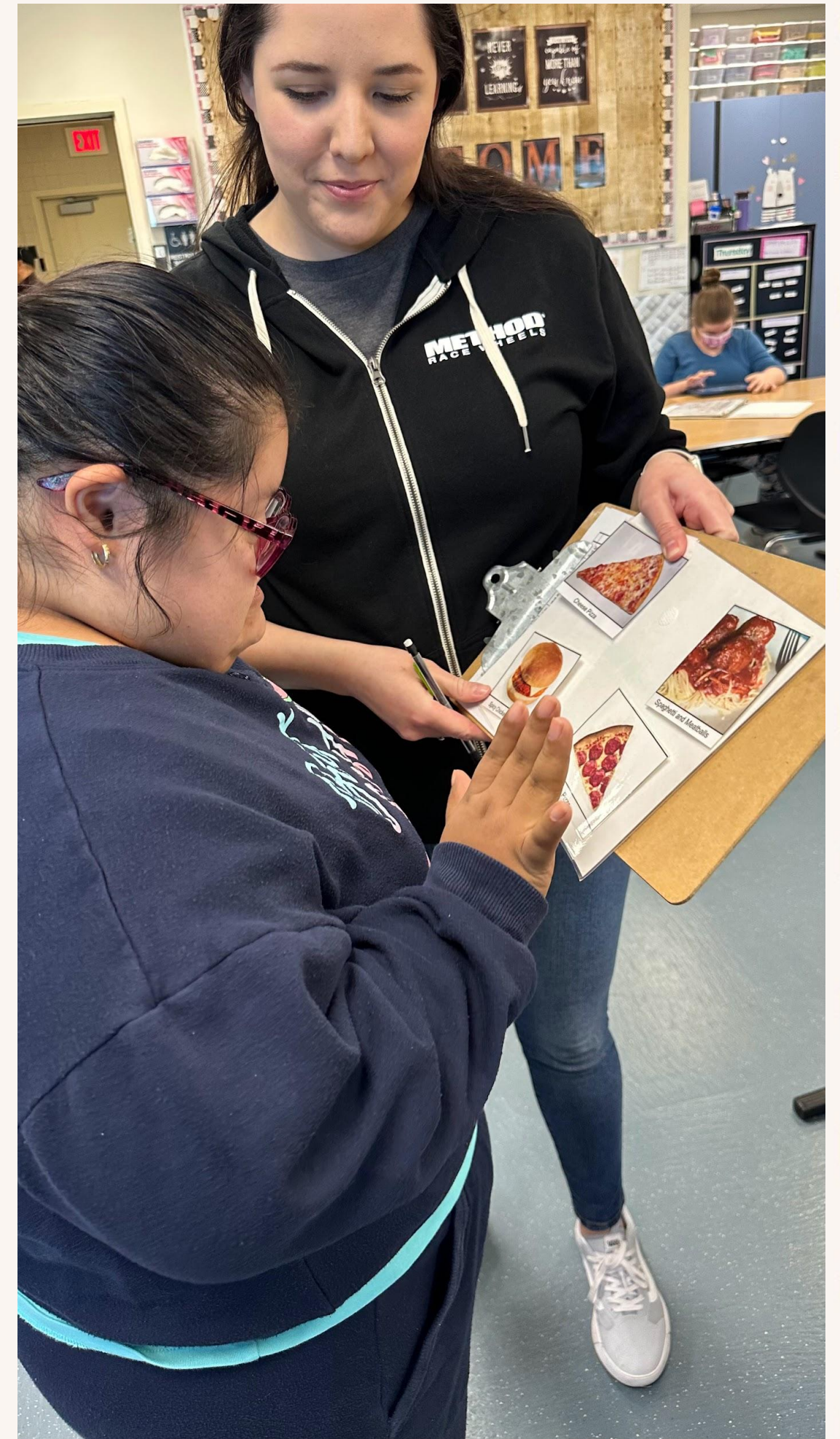
Students in ATP continue to receive ALL the services that are designated in their IEP-like Speech, Counseling, OT, PT and Health/ Nursing!





Activities

An important ATP topic that includes grooming and hygiene, cooking and shopping, community mobility and safety!



**Students plan meals, grocery shop,
and prepare a meal each week!
Sometimes they even grow and
harvest their own vegetables!**



In ATP we encourage and promote a mature and professional image for work and school, as we are out in the community every day!



Therapeutic recreation, social skills and participating in age-appropriate leisure activities is another important piece of the ATP Program! Students enjoy planning, budgeting for and participating in a wide variety of field trips and on campus experiences!

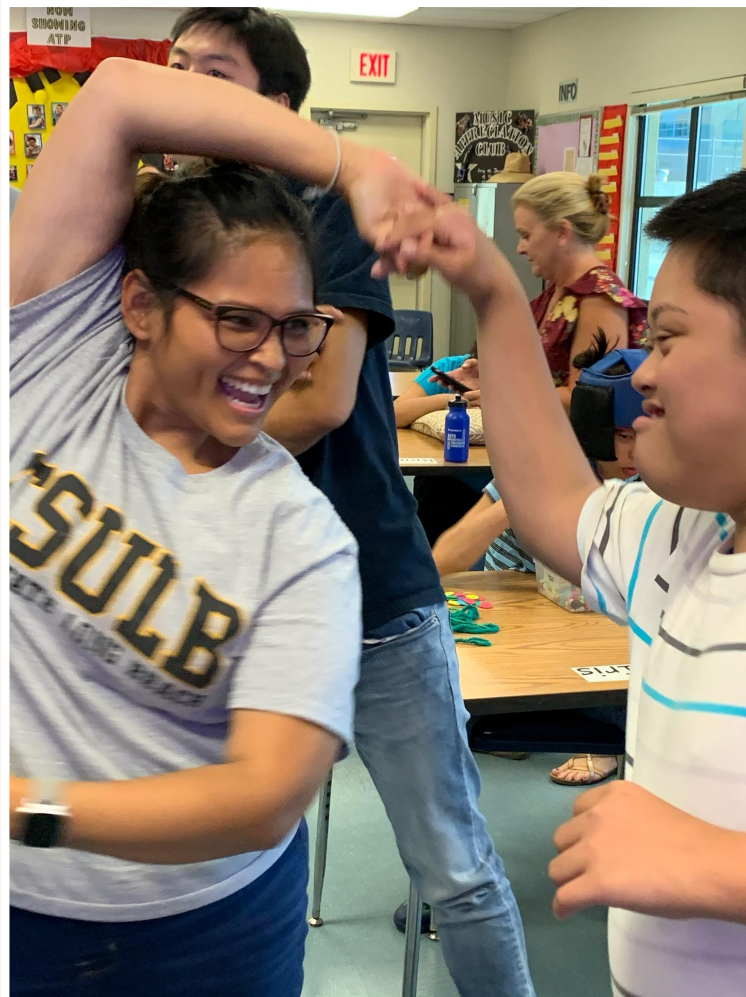


ATP students learn to travel as independently as possible in their communities! Topics covered include street safety, stranger awareness, how to plan routes and ride the OCTA bus,



We have a VERY active club culture in ATP—every year our clubs change a bit due to student interests, but we always have a wide variety to choose from!

This year we have hiking, art, just dance, Zumba, karaoke, Uno, bingo, Star Wars, sports talk, basketball/sports, hiking, drums/music, Lego, birthday, and movie clubs!



Since we usually don't participate in work experience on Fridays, we have time to plan all-day activities that often involve the OCTA bus. We visit libraries, parks, museums, cultural centers, shopping venues and restaurants.



One of the most anticipated events every year is the ATP Talent Show! The Muckenthaler Cultural Center hosts this special event, and all of our students are invited to participate. We have talented singers, dancers, comedians, musicians and ensemble performers!



We are partner with Cal State Fullerton For Best Buddies and Tuffies Friends after school programs!

Activities are select Fridays; we transport students to the event- parents pick up afterwards (around 4:30)



We help students and families to
prepare for life after graduation!
We have a monthly speaker series in
which we learn about adult programs
and postsecondary college programs!



Thank You

Charlotte Dobyns

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