



Parenting Children with Diverse Needs

Presented by:
North Orange County SELPA
in collaboration with
TASK (Family Empowerment Center)



Meet the Presenter

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TASK



CA Family Empowerment Center

*Background
and
Experience
parenting children
with
diverse needs*



*Share about your
experience when you
first learned about
your child(ren)'s
diverse needs and how
that impacted you*

*Being a parent of a
child(ren) with
diverse needs can be
challenging but also
rewarding*



*Tips for Parents
raising children
with diverse needs*





Find Your Support Systems (Parent and Child)

- Family (siblings and extended family)
- Spouse, Partner, Co-Parent
- Friends
- School Staff (IEP Team)
- Community Members





Take Care of Relationships

- Communicate
- Give each other breaks
- Listen
- Acknowledge each others strengths





Nurture Student Relationships

- Problem solve as a team
- Engage in activities and interests together
- Set up play dates
- Communicate strengths, challenges and strategies





Plan for the Uncomfortable

- Prepare and frontload your child
- Provide a balanced mix of routines and new experiences
- Celebrate small wins and strengths
- Set realistic goals
- Laugh and express joy



*How did you navigate
school and challenges
with academics or
other areas of need?*

*Share any
Parent Self-Care
tips you have
used*





<https://taskca.org/>



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*Questions from our
Participants*

