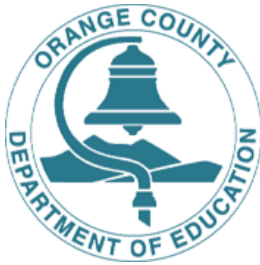


Introducing



OCDE Middle School Climate Survey System

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October 15, 2013



WELLNESS • RECOVERY • RESILIENCE



CalMHSA



**California County
Superintendents Educational
Services Association**



CCSESA Region 9

- Orange County Dept. of Education (region lead)
- San Diego County Office of Education
- Imperial County Office of Education



Why Middle School Climate Survey?

- Need instrument designed for middle school to track trajectory of student change
- Need for a school-wide snapshot to advocate for prevention & early identification of student mental health issues, school staff education, & planning, monitoring & outcome evaluation
- Practical to administer
- Quickly processed and easily-accessible data reports online



School Climate is defined as...

The quality and character of school life. School climate is based on patterns of people's experiences of school life and reflects norms, goals, values, interpersonal relationships, teaching, learning, leadership practices, and organizations structures.

National School Climate Council, 2007

School Climate Impacts Students

- Motivation to Learn
- Academic achievement
- Feelings of Safety
- Absenteeism
- Group cohesion
- Victimization & Delinquency
- Mutual trust
- Feelings of connectedness & attachment to school
- Psychological and behavioral health



Middle School Student & Emotional Health

- Middle school is a critical context for adolescent development
- Early onset of mental health issues
- School climate accounts for some challenges to students' adaptive capacities and the shaping of their social-emotional development
- Students' declining perceptions about their school associated with psychological and behavioral adjustments

The Survey System

- Comparison of student and school staff perspectives
- Based on research literature
- Immediate data for decision making
- Unique features:
 - All online with immediate reporting
 - School snapshot of emotional health
 - Cyberbullying domain
 - Adult-to-adult relationship domain

School Climate Survey Conceptual Domains

School Climate Domains	
Norms and Rules	Clear expectations, perceptions of fairness, consistent consequences, effective rule enforcement
Physical, Social & Emotional Security	Safety to be who you are and express yourself, safe from exclusion, safe from physical and verbal teasing, threats and bullying
Cyber-bullying	Text, email, and internet pictures, rumors, lies and threats about self and others
Support for Learning	Use of supportive teaching practices, e.g. encouragement, feedback, relevance, taking risks, independent thinking, individual attention, clear instructions, organizing work
Social and Civic Learning	Support for developing social-civic knowledge, skills, and dispositions i.e. effective listening, conflict resolution, self-reflection, emotional regulation, responsibility, civic education
Respect for Diversity	Mutual respect for differences (race, culture, ethnicity), norms of tolerance and acceptance
Social Support: Adult to Student	Pattern of supportive and caring relationships, e.g. high expectations, listening to students, personal interest, concern for problems
Social Support: Student to Student	Supportive peer relations, friendships, socializing, someone to talk to for personal problems and academic help
Social Support: Adult to Adult	Positive, supportive working relationships among adults
School Connectedness	Positive identification with school and norms for broad participation for students, staff, families; sense of belonging
Physical Surroundings	Cleanliness, orderliness, sufficient materials, broken things get fixed

Mental Health Domains	
Anxiety & Stress	Physical symptoms of stomachache, rapid heart rate, shakiness; Cognitive and emotional symptoms of worry, fear, dread, feeling overwhelmed, nervousness, easily upset, difficulty relaxing; Performance symptoms of inability to handle tasks and over-reacting to situations
Depression	Physical symptoms of fatigue, restlessness, crying; Cognitive and emotional symptoms of sadness, misery, negative self-concept, unloved, inability to think and concentrate, self-hatred, loss of interest, loneliness, unhappiness, inadequacy among peers, lack of ability to do anything right; Behavioral symptoms including staying home, not doing new things



What are your clients saying?



Ask your students what they feel
and how they think about school.

Survey Screenshot



SCHOOL CLIMATE SURVEY

ORANGE COUNTY DEPARTMENT OF EDUCATION

Orange Crescent - , CA

Please mark on the survey how TRUE you feel each of the following statements is about your SCHOOL.

How strongly do you agree or disagree with the following statements?

8) All adults at this school enforce the same rules.

☒ Strongly Disagree ☐ Disagree ☐ Neither Agree nor Disagree ☐ Agree ☐ Strongly Agree

9) All students are treated in the same way when they break school rules.

☐ Strongly Disagree ☒ Disagree ☐ Neither Agree nor Disagree ☐ Agree ☐ Strongly Agree

10) No matter who you are, the punishment for breaking school rules is the same.

☐ Strongly Disagree ☐ Disagree ☒ Neither Agree nor Disagree ☐ Agree ☐ Strongly Agree

11) At this school, students know what would happen to them if they break school rules.

☐ Strongly Disagree ☐ Disagree ☐ Neither Agree nor Disagree ☒ Agree ☐ Strongly Agree

12) Teachers mean it when they make a rule.

☐ Strongly Disagree ☐ Disagree ☐ Neither Agree nor Disagree ☐ Agree ☒ Strongly Agree

Click to continue

The Online School Climate Survey System - Reporting

Reports


Detail

Please select the report you wish to view:

Survey Period: 04/29/13 - 05/13/13

Select a report . . .
Select a report . . .
School Climate Dimensions Chart
In the past 7 days, how many days did you eat breakfast?
As things stand now, how far in school do you think you will get?
School Climate Student Survey Items
School Climate Domains - Student Ratings
School Climate Staff Survey Items
School Climate Domains - Staff Ratings
School Climate Domains - Comparison of Student & Staff Ratings
Depression
Anxiety & Stress
Mental Health Issues - Percentage & Number of Students
Getting Help

Select Report



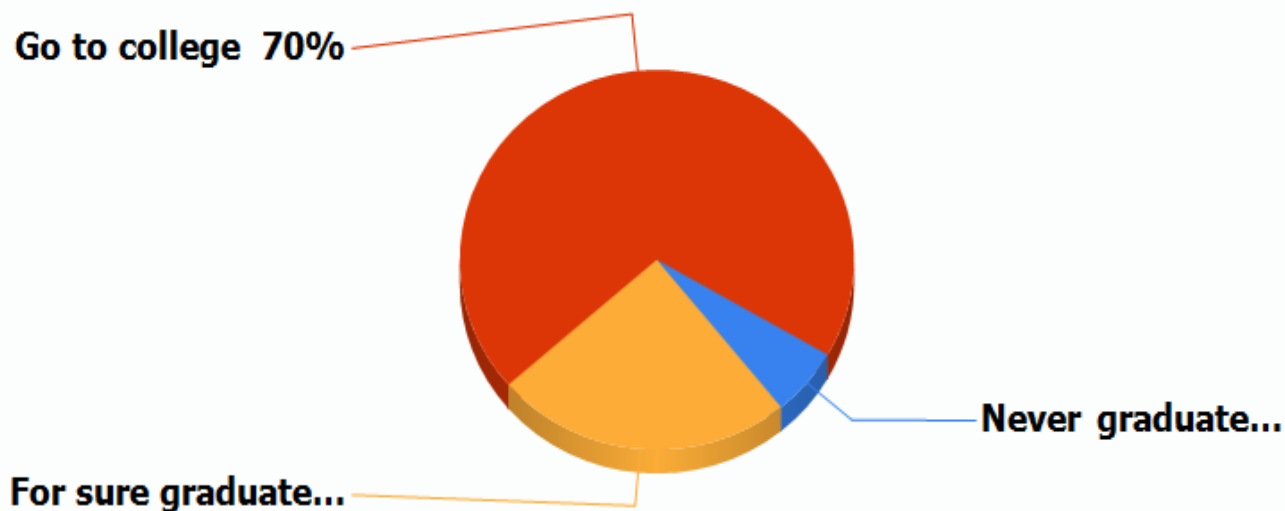
Sample Reports

As things stand now, how far in school do you think you will get?

Report Date: December 09, 2013 : 04:57 PM

Completed Student Surveys: 86

- **Never graduate from high school 6%**
- **For sure graduate from high school 24%**
- **Go to college 70%**



School Climate Student Survey Items (Completed Surveys: 92)

Report Date: December 09, 2013 : 04:57 PM

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	Missing Response
Norms & Rules						
8) All adults at this school enforce the same rules.	11%	17%	28%	23%	12%	9%
9) All students are treated in the same way when they break school rules.	24%	25%	16%	16%	10%	9%
10) No matter who you are, the punishment for breaking school rules is the same.	16%	18%	23%	25%	9%	9%
11) At this school, students know what would happen to them if they break school rules.	8%	10%	21%	38%	15%	9%
12) Teachers mean it when they make a rule.	10%	21%	27%	22%	11%	10%
Sense of Physical, Social & Emotional Security						
13) Physical fighting between students is a problem at this school. *	17%	22%	16%	12%	23%	10%
14) I am afraid of being beaten up at this school. *	57%	9%	13%	8%	4%	10%
15) There are areas of this school where students do not feel physically safe. *	34%	18%	21%	12%	5%	10%
16) Harassment or bullying among students is a problem at this school. *	25%	17%	17%	18%	12%	10%
17) It's common for students to tease and insult one another at this school. *	8%	7%	23%	26%	27%	10%
18) Harassment or bullying towards lesbian or gay students is a problem at this school. *	52%	9%	12%	4%	11%	12%
Cyber - Bullying						
19) I worry that someone from this school will spread mean rumors or lies about me on the internet (e.g. facebook, blog, twitter, etc.). *	33%	17%	16%	13%	11%	10%
20) I often have received mean or nasty text messages or emails from other students at this school. *	45%	16%	12%	8%	9%	11%
21) I often have had mean rumors or lies spread about me on the internet by other students at this school. *	50%	15%	5%	11%	9%	10%
22) I often have had nasty pictures, photos, or videos sent to others about me. *	68%	15%	1%	1%	4%	10%
23) I often have received nasty, upsetting or silent phone calls from other students at this school. *	60%	15%	5%	2%	8%	10%

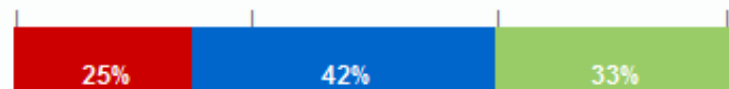
Sample Reports

School Climate Domains - Student Ratings

Report Date: December 09, 2013 : 04:18 PM

Completed Student Surveys: 92

Rules & Norms



Sense of Physical, Social & Emotional Security



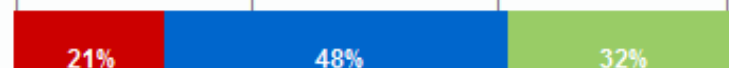
Cyber - Bullying



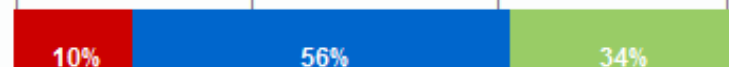
Support for Learning



Social & Civic Learning



Respect for Diversity



Social Support - Adult to Adult



Social Support - Adult to Student



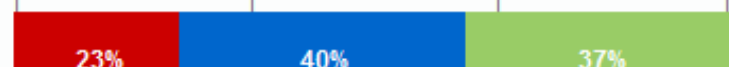
Social Support - Student to Student



School Connectedness & Engagement



Physical Surroundings



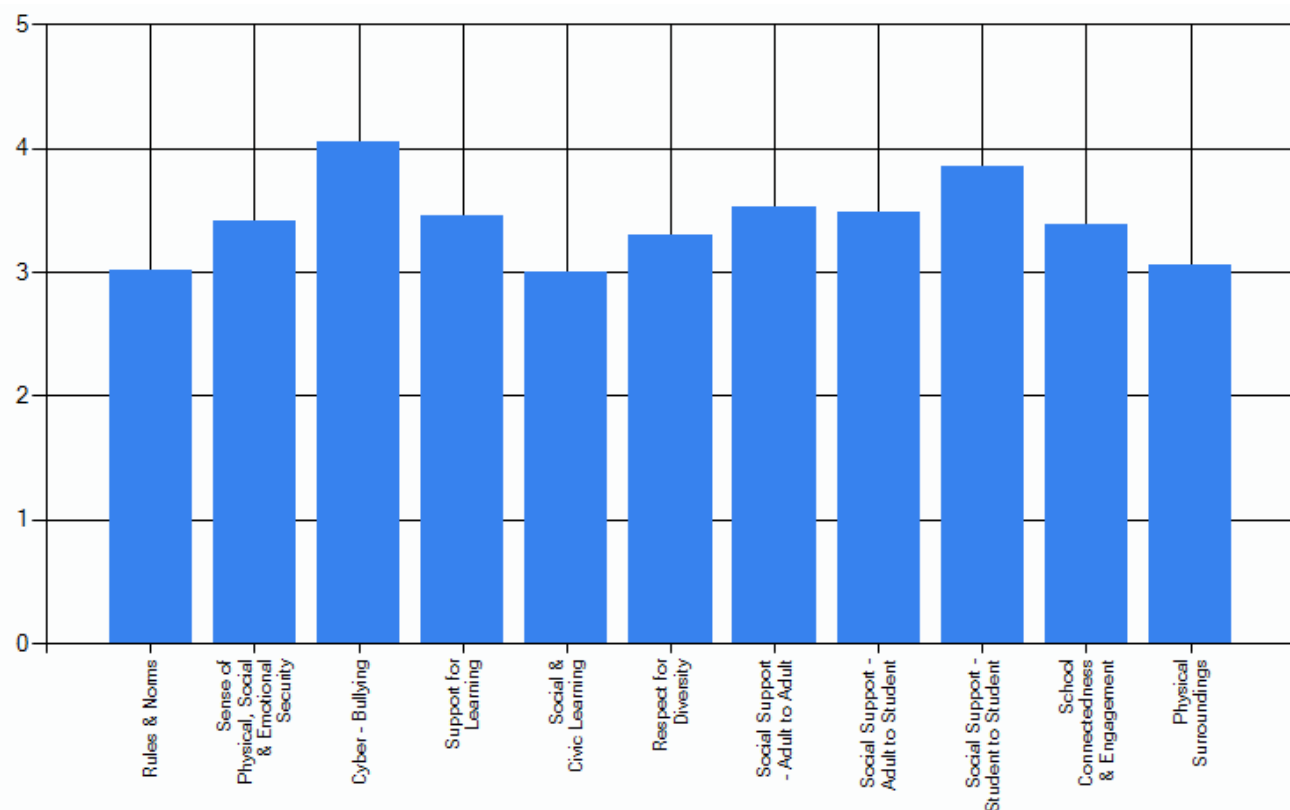
0% 33% 67% 100%

■ % of individual ratings in the negative range (score lower than 2.5 on a 5 point scale)

■ % of individual ratings in the neutral range (score between 2.5 and 3.5 on a 5 point scale)

■ % of individual ratings in the positive range (score above 3.5 on a 5 point scale)

Sample Reports



School Climate Domains - Student Ratings:

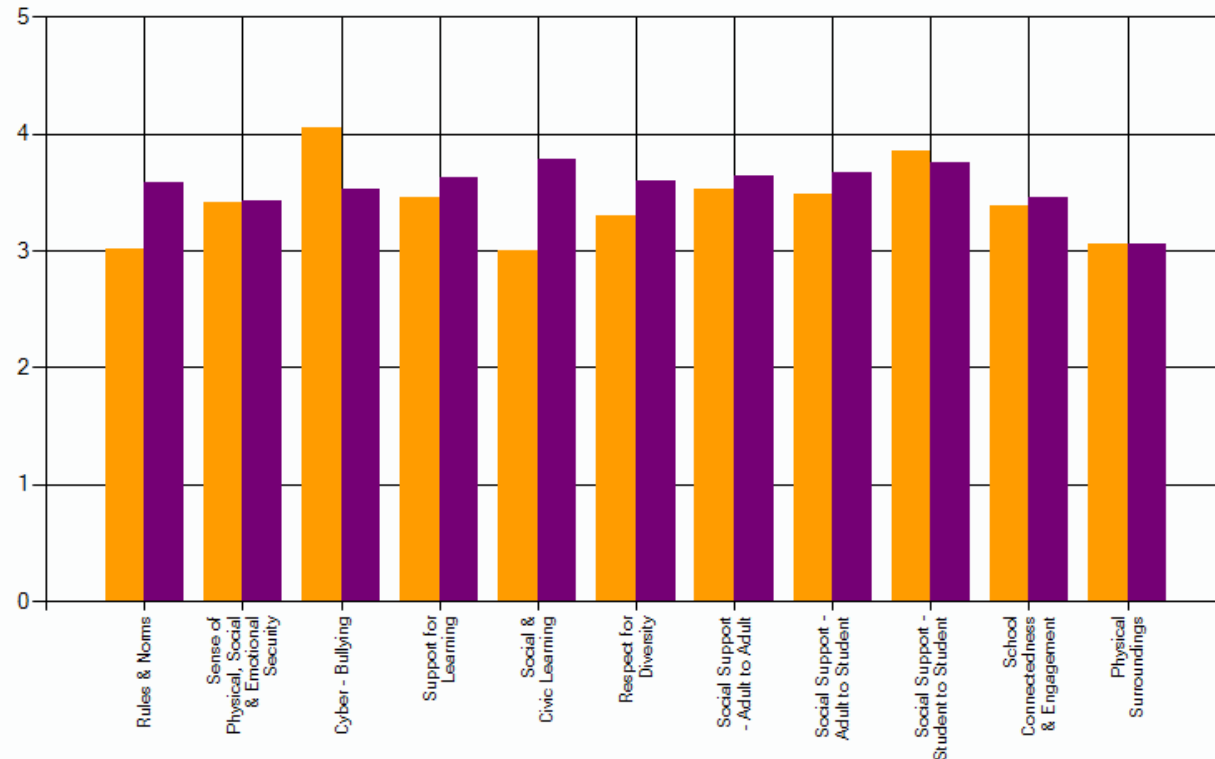
Rules & Norms	3.02	Neutral
Sense of Physical, Social & Emotional Security	3.41	Neutral
Cyber - Bullying	4.06	Positive
Support for Learning	3.45	Neutral
Social & Civic Learning	3.00	Neutral
Respect for Diversity	3.30	Neutral
Social Support - Adult to Adult	3.52	Positive
Social Support - Adult to Student	3.49	Neutral
Social Support - Student to Student	3.86	Positive
School Connectedness & Engagement	3.38	Neutral
Physical Surroundings	3.06	Neutral

Mean rating in the negative range (score lower than 2.5 on a 5-point scale)

Mean rating in the neutral range (score between than 2.5 and 3.5 on a 5-point scale)

Mean rating in the positive range (score above 3.5 on a 5-point scale)

Sample Reports



Student **Staff**

Rules & Norms	3.02 Neutral	3.58 Positive
Sense of Physical, Social & Emotional Security	3.41 Neutral	3.42 Neutral
Cyber - Bullying	4.06 Positive	3.53 Positive
Support for Learning	3.45 Neutral	3.62 Positive
Social & Civic Learning	3.00 Neutral	3.78 Positive
Respect for Diversity	3.30 Neutral	3.60 Positive
Social Support - Adult to Adult	3.52 Positive	3.64 Positive
Social Support - Adult to Student	3.49 Neutral	3.67 Positive
Social Support - Student to Student	3.86 Positive	3.76 Positive
School Connectedness & Engagement	3.38 Neutral	3.45 Neutral
Physical Surroundings	3.06 Neutral	3.06 Neutral

- Mean rating in the negative range (score lower than 2.5 on a 5-point scale)
- Mean rating in the neutral range (score between than 2.5 and 3.5 on a 5-point scale)
- Mean rating in the positive range (score above 3.5 on a 5-point scale)

Sample Reports

Symptoms of Anxiety & Stress (Completed Student Surveys: 92)

Report Date: December 09, 2013 : 05:02 PM

Please indicate how often each of these things happen to you in the last month. There are no right and wrong answers.

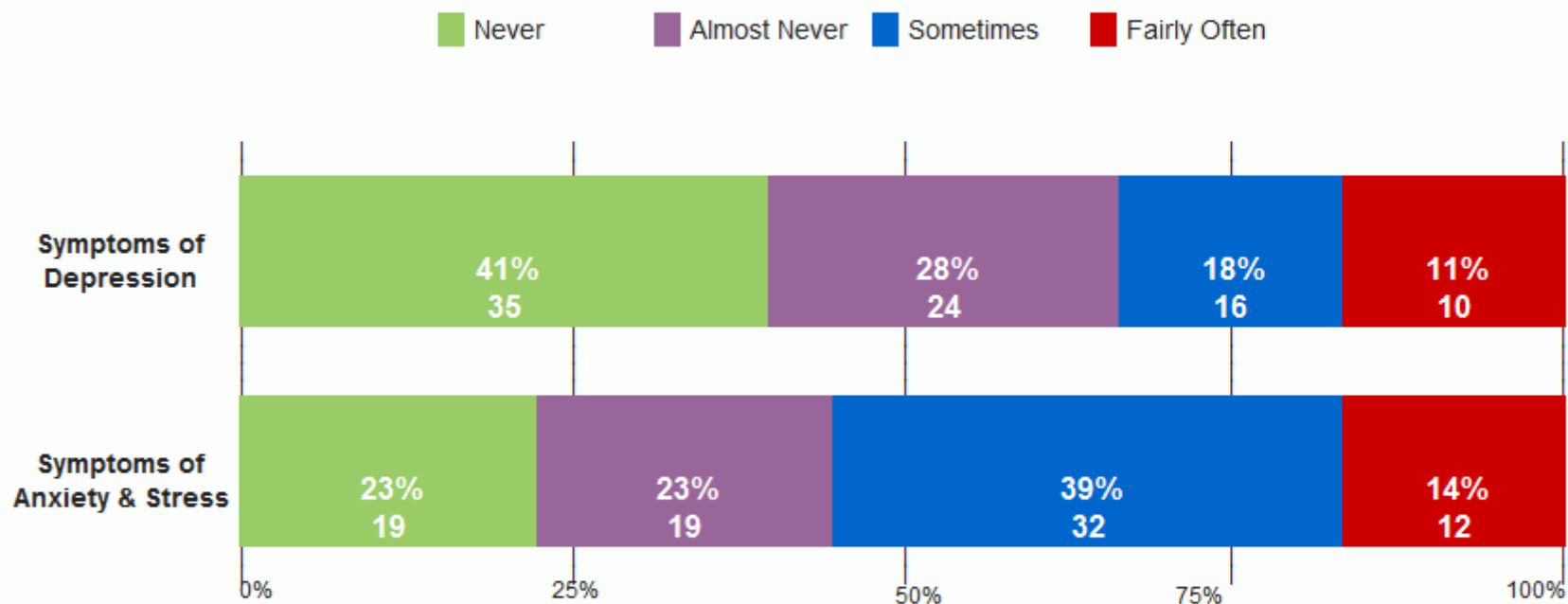
Survey Questions	Never	Almost never	Sometimes	Fairly often	Missing Response
71) Worried about things?	16%	11%	41%	18%	13%
72) Had a funny feeling in your stomach when you have a problem?	16%	14%	35%	23%	12%
73) Felt afraid?	32%	13%	27%	16%	12%
74) Had your heart beating really fast when you have a problem?	27%	15%	21%	24%	13%
75) Worried that something bad will happen to you?	29%	11%	26%	21%	13%
76) Felt shaky when you had a problem?	26%	18%	26%	16%	13%
77) Felt nervous or stressed?	18%	13%	30%	25%	13%
78) Found that you couldn't handle all the things that you had to do?	22%	11%	30%	24%	13%
79) Tended to over-react to situations?	24%	16%	28%	18%	13%
80) Found it difficult to relax?	26%	15%	25%	21%	13%
81) Got easily upset?	28%	14%	27%	18%	12%

This anxiety and stress scale is for research purposes only and should not be used for individual diagnosis. Data is aggregated with no individual identifiers to uncover school-wide patterns for discussion, further screening, action planning, professional development on student mental health issues and prevention education.

Sample Reports

Mental Health Issues - Percentage & Number of Students

Report Date: December 09, 2013 : 04:23 PM



Percentages do not add up to 100% due to rounding.

The mental health scales for depression, anxiety and stress are for research purposes only and are not for diagnostic purposes. Data is aggregated with no individual identifiers to uncover school-wide patterns for discussion, further screening, action planning, professional development on student mental health issues and prevention education.

Sample Reports

Getting Help (Completed Student Surveys: 92)

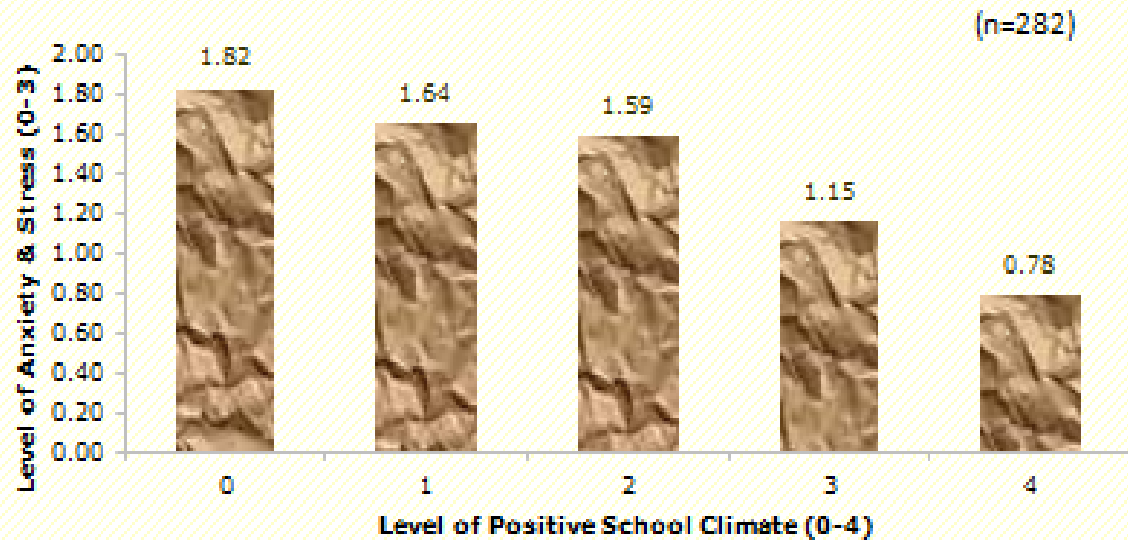
Report Date: December 09, 2013 : 05:02 PM

When you need help, where do you go to get help?	Count
Your Friends	68
Your Parents	14
Your Brothers or Sisters (including step brothers and sisters)	0
Other Family Members (e.g. grandparents, cousins, aunts, uncles, etc.)	0
Your Pastor, Priest, Minister, Rabbi, Imam	0
Your Teachers	0
School Counselor	1
School Principal	0
School Nurse	0
Other adults at school	0
(e.g. custodian, office staff, lunch supervisor, librarian, coach, bus driver, etc.)	
Family Doctor	0
Other People	0
Suicide Prevention Hotline	0
Teen Crisis Line	0



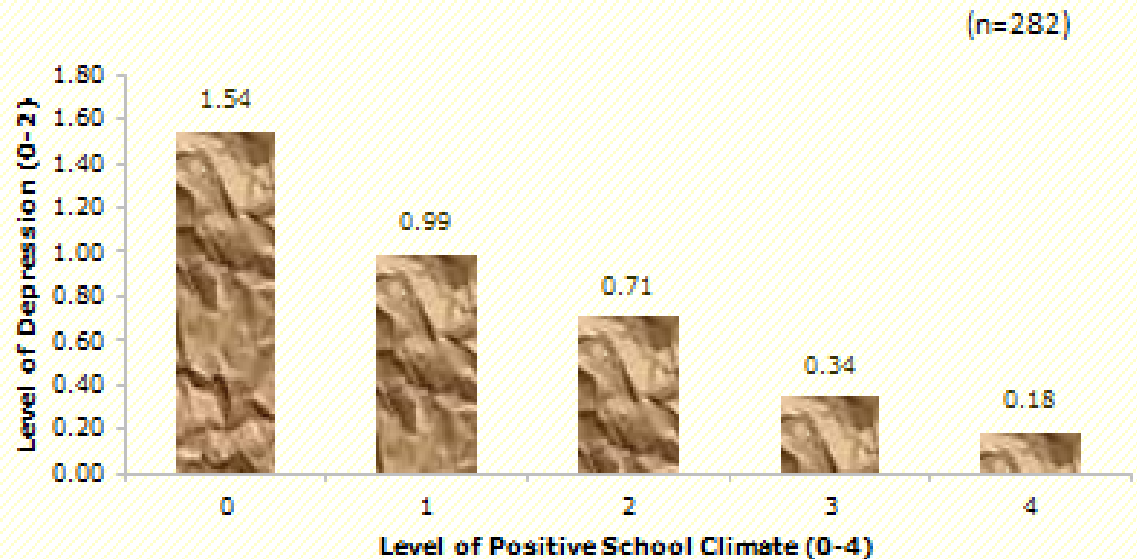
SOME RESULTS FROM PILOT STUDY WITH ORANGE COUNTY SCHOOLS

Talking Point 1: School Climate is **significantly** associated with student mental health issues.

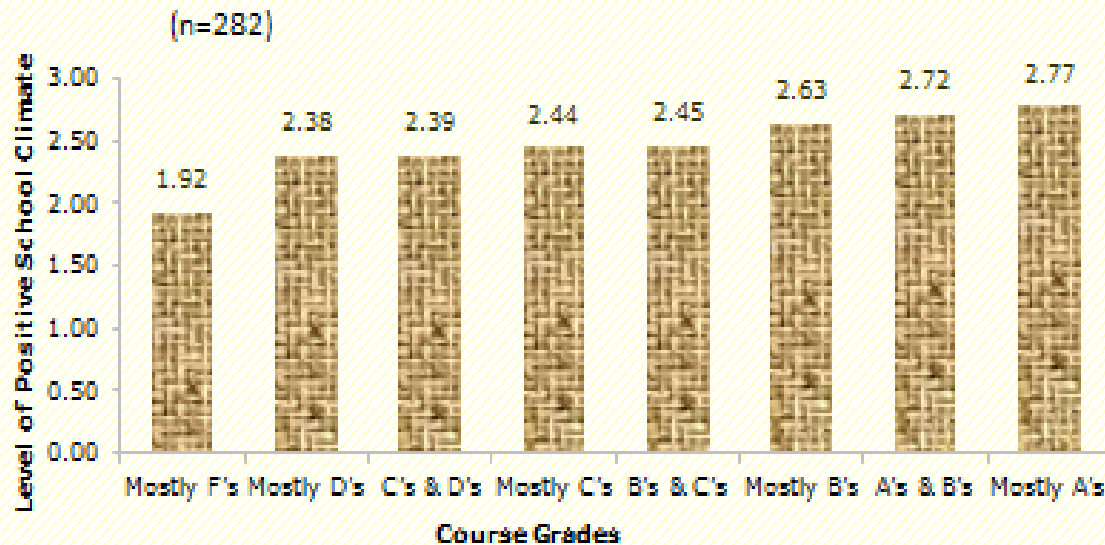


Positive School Climate is associated with lower level of Anxiety & Stress

Positive School Climate is associated with lower levels of Depression

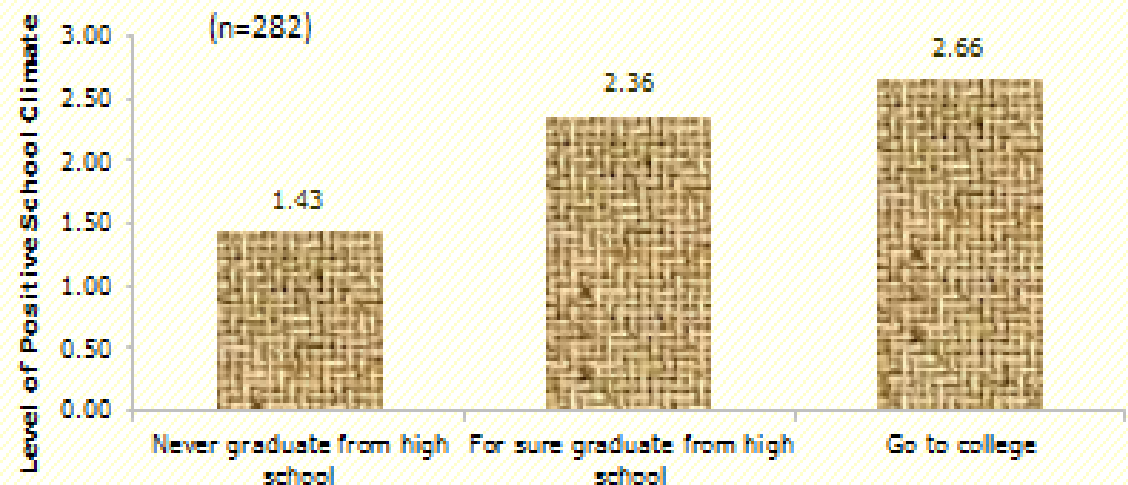


Talking Point 2: School Climate is **significantly** associated with Academic Achievement and Academic Expectations.

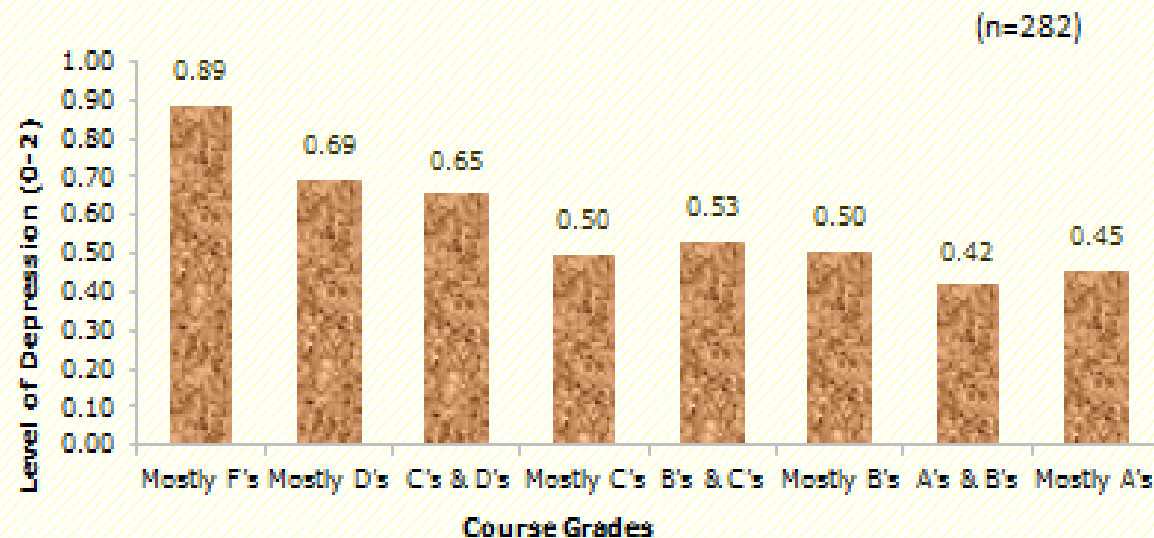


Positive School Climate is associated with higher levels of Academic Achievement

Positive School Climate is associated with higher levels of Academic Expectations

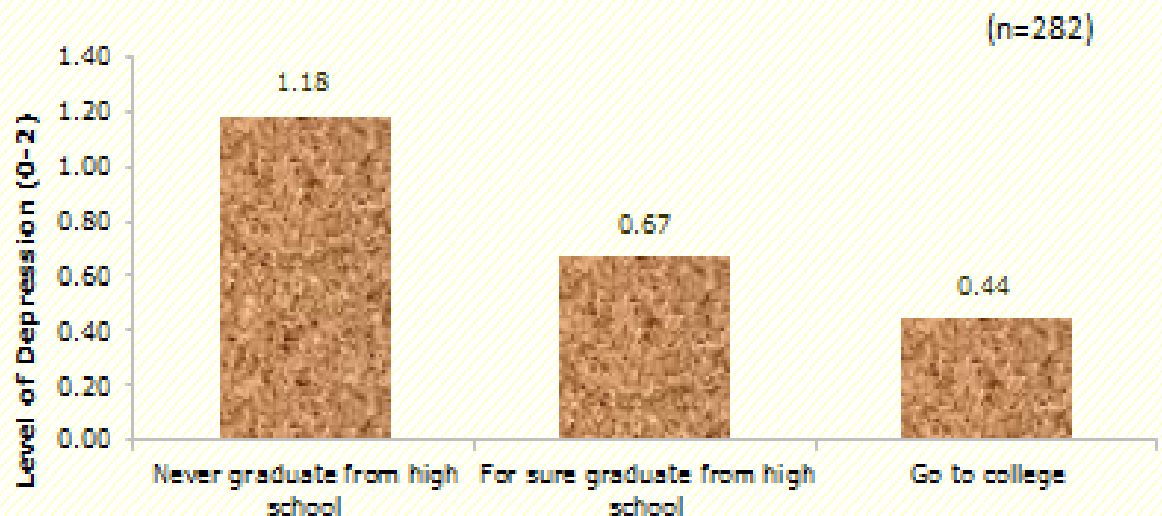


Talking Point 3: Student mental health (depression) is **significantly** associated with Academic Achievement and Academic Expectations.



Higher levels of Depression are associated with lower levels of Academic Achievement

Higher levels of Depression are associated with lower levels of Academic Expectations





Interested in getting more
information? Contact

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