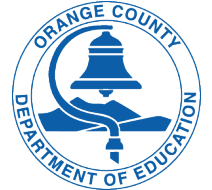




Science-at-Home Activities: Look Up - There is a lot to Discover



Reconnect with nature in your neighborhood or local park. Please follow guidelines and social distancing restrictions. Be safe and have fun!

	Monday	Tuesday	Wednesday	Thursday	Friday
Family Engagement Activities	<p>Stars</p> <p>Look up in the night sky, how many stars do you see? To learn more about the night sky, make your own star chart and participate in the Star Mission.</p> <p>Make a Star Chart</p> <p>NSI Star Mission</p> <p>What's Up - Video</p>	<p>Light</p> <p>Light helps us to see all the colors of the rainbow. Why do we see these colors?</p> <p>What is Light?</p> <p>NSI Light Mission</p> <p>What is the Sky Blue? - Video</p>	<p>Orbit and Rotation</p> <p>What's the difference between the orbit and rotation of Earth? Use this model to learn more about these topics.</p> <p>Orbit and Rotation Model</p> <p>Everything is Spinning - Video</p>	<p>Sundial</p> <p>How do you use the sun to tell time? This is a simple sundial you can make at home to help you tell time.</p> <p>How to Make a Sundial the Simple Way</p>	<p>Moon Observations</p> <p>Why does the moon look different on different days? Participate in this Moon Activity and find out why!</p> <p>Moon Observation and Chart</p>
Grade Specific Lessons/Activities	Shifty Shadows is a new 5th Grade lesson just released by Inside the Outdoors!				
	Star Child: A Learning Center for Young Astronomers is a NASA site targeted for Elementary School Students				
	Imagine the Universe is a NASA site that has many resources, including Afterschool Universe, for Middle School and High School Students.				



Visit our OCC Planetarium play list on [YouTube](#) for videos about the world above us produced by our partner, Orange Coast College Planetarium.



On Instagram
[@InsideTheOutdoors](#)

On Facebook, Twitter, and YouTube
[@ITOFoundation](#)



www.insidetheoutdoors.org