



Trash Assessment Family Activity



INTRODUCTION

How much of your trash ends up in the landfill? Use the log below to see where your waste ends up and make a plan of how your family can reduce your trash going into the landfill.

MATERIALS

- Trash Log (either you can print on scratch paper or use the [fillable form](#))
- Pen or pencil if needed
- Trash from a meal or the day

INSTRUCTIONS

1. Review all items that you have used.
2. Classify them by the 5 R's (Reduce, Reuse, Repurpose, Rot, Recycle) and landfill.
3. If you chose landfill, try to brainstorm some ideas on how you can reduce your waste that ends up in the landfill.

QUESTIONS

- How many items fall into more than one category?
- Which of the 5 R's is the best option? Why?
- How can you help reduce your trash going into the landfills?

RESOURCES

- [Modern Landfill Tour](#) - Video from Republic Services
- [Ways to Reduce Waste Sent to Landfills](#) - Video with Green Living Tips
- [How a Landfill Works](#) - Video from Waste Management

