



RAISE AWARENESS ABOUT MENTAL HEALTH

CALLING ALL STUDENT LEADERSHIP GROUPS AND CLUBS
INTERESTED IN PROMOTING POSITIVE MENTAL HEALTH



Do you have a group of students interested in conducting a mental health awareness activity? If you would like free training, supplies, resources, and support to create or promote your activity look no further! The Student Advocates for Mental Health program can support you with all your mental health awareness activity needs.

Participation Requirements

- A minimum of ten students and one advisor must be involved in the planning and implementation of the awareness activity or event that intends to reach a wide school audience.
- Peer leaders will attend a workshop to gain foundational knowledge that will support their activity planning and implementation.
- Approval from school administration to conduct the activity and disseminate a student survey.
- Work in partnership with a school counselor or school/district mental health specialist.
- Submit a completion report at the conclusion of the activity.

The Student Advocates for Mental Health Program contributes to a Multi-Tiered System of Support and Local Control and Accountability Plan priorities by engaging students, families and community members, building social-emotional skills, and fostering a strong and positive school culture.

Funded by the OC Health Care Agency through the Mental Health Services Act.

