



Inside the Outdoors Home Trash Audit



A trash audit is a survey of trash use in an area such as your house, school, or a business. Based on a trash audit, you can determine what changes can be made to your lifestyle to help reduce trash in the landfills. Use this trash audit to see how your habits affect the amount of trash you create. Your answers can help you find ways you can decrease the amount of trash in your home.

Answer the following questions and make your pledge below.

- | | | |
|--|------------------------------|-----------------------------|
| 1. Do you recycle aluminum cans? | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| 2. Do you recycle glass and plastic bottles? | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| 3. Do you recycle newspapers or magazines? | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| 4. Do you buy items in bulk (ex. large chip bag instead of individual bags)? | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| 5. Do you use a reuseable water bottle? | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| 6. Do you use your own bags at the grocery store? | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| 7. Do you use a reusable lunch box? | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| 8. Do you use rechargeable batteries? | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| 9. Do you buy items with less packaging? | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| 10. Do you compost your food scraps? | <input type="checkbox"/> yes | <input type="checkbox"/> no |

If you answered no to any of the above questions, these are areas you can improve to decrease your trash.

Pledge to decrease trash in landfills! List two things you are going to do to help decrease your trash.

- _____
- _____

Name: _____ School: _____

Email (for notification if you win the raffle): _____

Submit your pledge to Inside the Outdoors to be entered in a raffle. There are three ways to submit your pledge.

1. Fax: 714-649-0162
2. Email: insidetheoutdoors@ocde.us
3. Mail: Inside the Outdoors, 200 Kalmus Dr., Costa Mesa, CA 92628

This curriculum is sponsored by OC Waste and Recycling.
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